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I wish to commend InterCare to you as a wonderful small local charity, based in Leicestershire. I have seen for myself the great work they do, when I accompanied an InterCare team to Tanzania last year. Their mission is to help alleviate suffering through the provision of medical supplies to rural health units in Sub-Saharan Africa, one of the poorest areas of the world. They work closely with their partners on the ground, very often wonderful generous Catholic Religious Sisters who are trained as doctors and nurses, and with the local Catholic dioceses who often run these rural health units but are always in need of more medical supplies.

I am very proud to be a Patron of InterCare. It is a charity that relies entirely on donations of money and of medical supplies, and on volunteers who organise fund-raising initiatives such as this one. I have seen for myself the difference InterCare makes to the health of so many people, young and old, who otherwise would not receive the medical help they so desperately need. Please give what you can – it will make a difference!

With all good wishes in this season of Advent, and as Christmas approaches,

Rt Rev Patrick McKinney
Bishop of Nottingham